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Association of “Weekend Warrior” and other leisure time physical activity with risks for all-cause cardiovascular disease and cancer mortality Gary O Donovan; MinLee. Mark Hamer: Emmanuel Stamatakis (2017)

http://jamanetwork.com/pdfaccess.ashx?url=/data/journals/intemed/0/

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http://haemochromatosis.org.au


Eighty percent of French sport winners in Olympic, World and Europeans competitions have mutations in the hemochromatosis HFE gene.

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For more information, please contact Paul Schembri, Infinity Pilates Studio at www.infinitypilates.com or call (03) 9534 6233.

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For more information visit www.arthritisaustralia.com.au


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www.standorsubmit.com.au


http://www.nhs.uk/Livewell/workplacehealth/Pages/safe-lifting-tips.aspx

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