

## F49 & PCFA Men's Health Community Grants 2010 Grant Guidelines

*“Promoting Health Awareness for Men”*

***Non-recurrent grants of up to \$2,000 (including GST) are available to plan, implement and evaluate a community based activity, to raise health awareness in men.***

### Guidelines for Applications

#### 1. Foundation 49 - background

Each hour in Australia more than five men die from conditions that are potentially preventable (Australian Institute of Health and Welfare, 'The burden of disease and injury in Australia' 1999). Foundation 49 (F49) is a direct response to this health crisis affecting 49% of the population.

Foundation 49 is managed and administered in the framework of Cabrini Health, and is committed to:

1. Encouraging social and individual responsibility for health
2. Promoting a positive and respectful view of boys and men
3. Evidence based practice for all of its activities
4. Working with others to promote healthy practices and behaviours
5. Preserving its autonomy and independence

**Our vision is** 'to reduce the number of men dying from preventable conditions by raising health awareness and encouraging regular check-ups'.

#### 2. Prostate Cancer Foundation of Australia - background

The Prostate Cancer Foundation of Australia (PCFA) is the national body for prostate cancer in Australia. The PCFA plays a vital role in the fight against prostate cancer and devotes all of its resources towards reducing the impact of prostate cancer on the community.

**The goal of the PCFA is to:** reduce the impact of prostate cancer on Australian men, their partners, families and the community, and to represent the interests of all Australian men diagnosed with prostate cancer.

#### 3. What is the F49 & PCFA Men's Health Community Grants Program?

Non-recurrent grants of up to \$2,000 (including GST) are available to **plan, implement and evaluate a health promotion activity to promote health awareness, including prostate cancer, for men in the local community.**

#### 4. Who can apply?

Applications are invited from community organisations in Australia. Applications should be developed in conjunction with local health services, if applicable. Foundation 49 strongly encourages collaboration between organisations. Collaboration is seen as an advantage because this widens the skills base of the project and the capacity to deliver outcomes.

#### 5. Eligibility criteria

- Projects should be innovative and demonstrate a comprehensive approach to education
- Projects should demonstrate good project design, planning and delivery processes
- Projects must target health education for men, **including prostate cancer**
- If possible, project outcomes should be sustainable
- If possible, projects must be completed in September 2010
- Financial or in-kind commitment to the project, eg, administration support, will be looked upon favourably
- The auspice organisation must be registered or incorporated

#### 6. What will be funded?

Examples of items that may be funded include:

- Costs associated with community consultation and/or education
- Seminar and workshop costs including catering and guest speakers
- Audiovisual or printed resource development costs
- Promotion expenses including advertising costs
- Administration costs directly related to the project

*Other expenses will be considered providing they are directly related to the project and are not excluded under section 7.*

#### 7. What will not be funded?

- Conference travel, accommodation or registration
- Capital items such as computers or other office equipment, mobile phones and clinic equipment
- Audiovisual or printed resource development costs where a similar resource has already been developed

#### 8. Requirements of the grant recipient

- Display a poster (provided by Foundation 49) at the funded activity identifying F49 and the PCFA as the grant provider
- Complete and return the following documents to F49 by 22 October 2010:
  - Evaluation report found on the F49 website
  - Brief project summary, no more than one page, plus photos if available
  - Financial statement of income and expenditure

#### 9. Project examples

The following list of project examples is by no means exhaustive. Foundation 49 encourages innovative project proposals, ideally in collaboration with other organisations, and for projects to have a comprehensive approach to education.

- Run a men's health information evening emphasising the importance of regular health checks to maximise health

- Develop a men's health resource for the local community, such as services available for men in the local area
- Providing evening or Saturday sessions at a clinic for men's health checks
- Organise a father and son, or family cricket or football match for the local community, and provide a men's health information booth and healthy lunch
- Hosting a dad's day at a local kindergarten or playgroup on a Saturday, with a healthy lunch or morning tea, and men's health resources

#### 10. **Timeline**

- Applications close **25 June 2010 at 5.00pm**. No extensions to the closing date will be given and applications received after this date will not be accepted.
- All applicants will be notified of the outcome by **9 July 2010**.
- Agreements must be signed and received by Foundation 49 by **23 July 2010**.
- Funds are forwarded in 2 instalments with the 1<sup>st</sup> instalment forwarded by **28 July 2010**. The 2<sup>nd</sup> instalment will be forwarded on receipt of your Final Report & Evaluation Forms.
- If possible, projects are to be implemented in the month of **September 2010**.
- Final Reports and Evaluation Forms need to be received by Foundation 49 by **Friday 22 October 2010**.

#### 11. **Free resources for your activity**

Foundation 49 and the Prostate Cancer Foundation of Australia have a range of free printed resources that can be used for your project. We will send you a sample kit of resources upon receipt of your application.

Foundation 49 resources can be ordered by email at [admin@49.com.au](mailto:admin@49.com.au), on the web at [www.49.com.au](http://www.49.com.au) or by calling (03) 9508 1567.

Resources can be ordered from the PCFA website [www.prostate.org.au](http://www.prostate.org.au) or by calling 1800 22 00 99.

#### 12. **Support for your application submission**

For assistance with your application please contact Foundation 49 on (03) 9508 1567 or via email: [admin@49.com.au](mailto:admin@49.com.au)

#### 13. **How do I apply?**

Foundation 49 must receive the completed Application Form by **Friday 25 June 2010, at 5.00pm**.

**Fax to:** F49 & PCFA Men's Health Community Grants  
Foundation 49  
(03) 9508 8549

**Mail to:** F49 & PCFA Men's Health Community Grants  
Foundation 49  
Cabrini Health  
183 Wattletree Rd  
Malvern  
VIC 3144

**The Men's Health Community Grants are proudly funded by  
The Prostate Cancer Foundation of Australia**